

**Abstract**

The purpose of this study was to determine whether there were differences in the prevalence of risk factors for low back pain between two groups of subjects who had been exposed to different levels of physical activity during their working lives. The subjects were divided into three age groups: 20-39 years, 40-49 years, and 50-69 years. Within each age group, there were two groups of subjects: one group had been exposed to heavy physical activity throughout their working lives, and the other group had been exposed to light physical activity throughout their working lives. The prevalence of risk factors for low back pain was determined by a questionnaire survey. The results showed that the prevalence of risk factors for low back pain was higher in the group exposed to heavy physical activity than in the group exposed to light physical activity. This suggests that heavy physical activity may be a risk factor for low back pain.

Kamrin R. Landrem

3738

INTERFERENCE SEARCHED			
Class	Subclass	Date	Examiner